



Health Assessment Information

Medical Examination Center of Chubu Medical Association

Address: 1-584 Miyagi Chatan-Cho, Okinawa 904-0113

Attention

**We will be starting the Health
Assessment Examination
in January, 2012.**

1. Appointment

Appointment / Information Center of
Medical Examination Center of Chubu Medical Association
Laforesta LTD at 098-936-1913 Hours 10:00~16:00

Dates for medical checkups

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Standard (preventative lifestyle disease) medical checkup	×	○	○	○	○	○	○
Breast cancer and Gynecological screening	×	×	○	○	×	○	×
Gastroscopy test (optional)	×	○	○	○	○	○	×

For appointment

- ① We accept 52 individuals for the standard medical checkup per day from Monday through Friday.
- ② We accept 15 individuals for the standard medical checkup on Saturday.
- ③ Breast cancer and Cervical cancer screening are held only on Tue • Wed • Fri.
- ④ We accept 7~10 individuals for gastroscopy test per day (Mon~Fri).
- ⑤ We are closed Sunday • Japanese holidays.

*** 1 Please note the checkups are reservation only**

Mail Documents (Information about the standard medical checkup • Medical

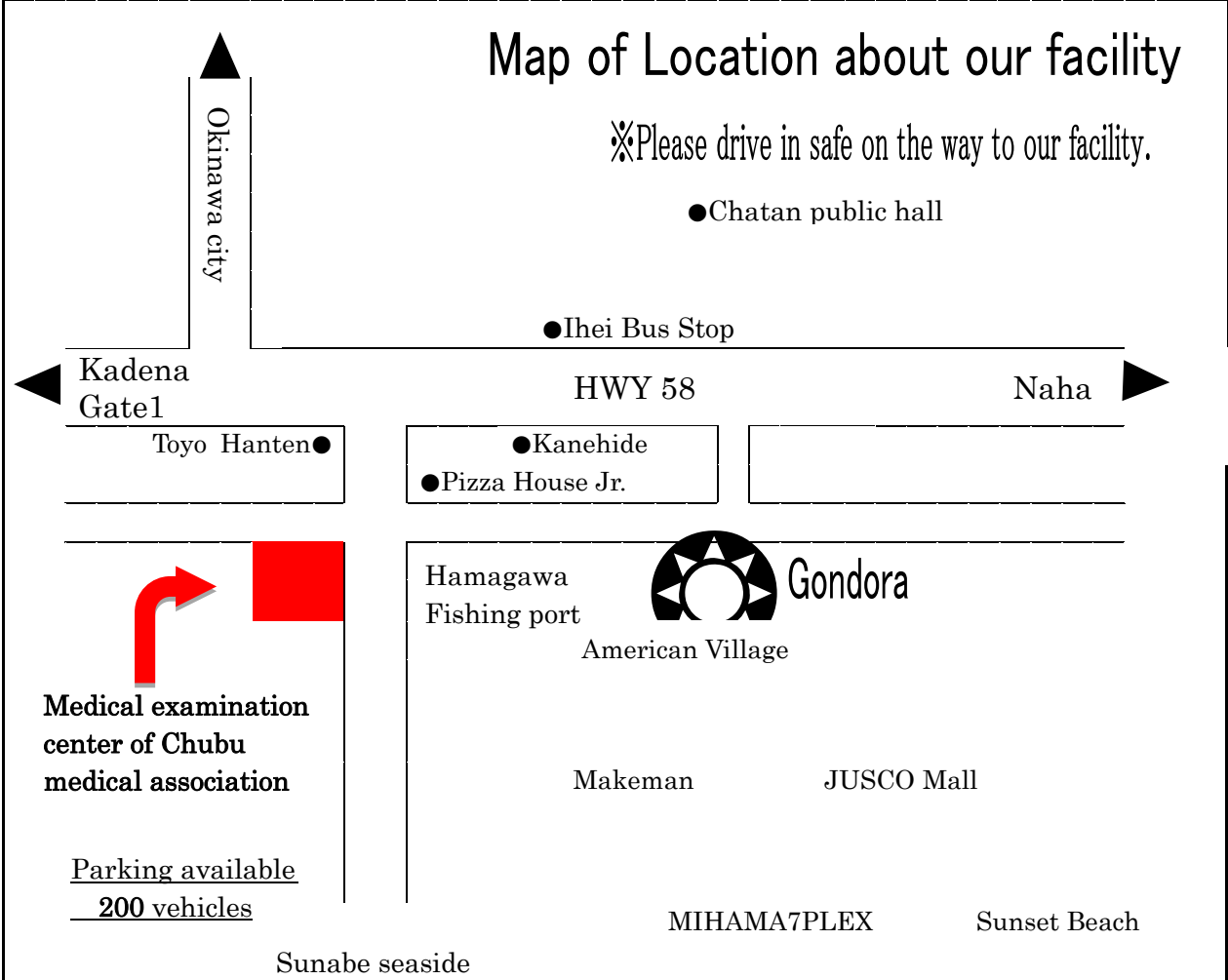
questionnaire • Urine sample container • Feces sample container etc.)

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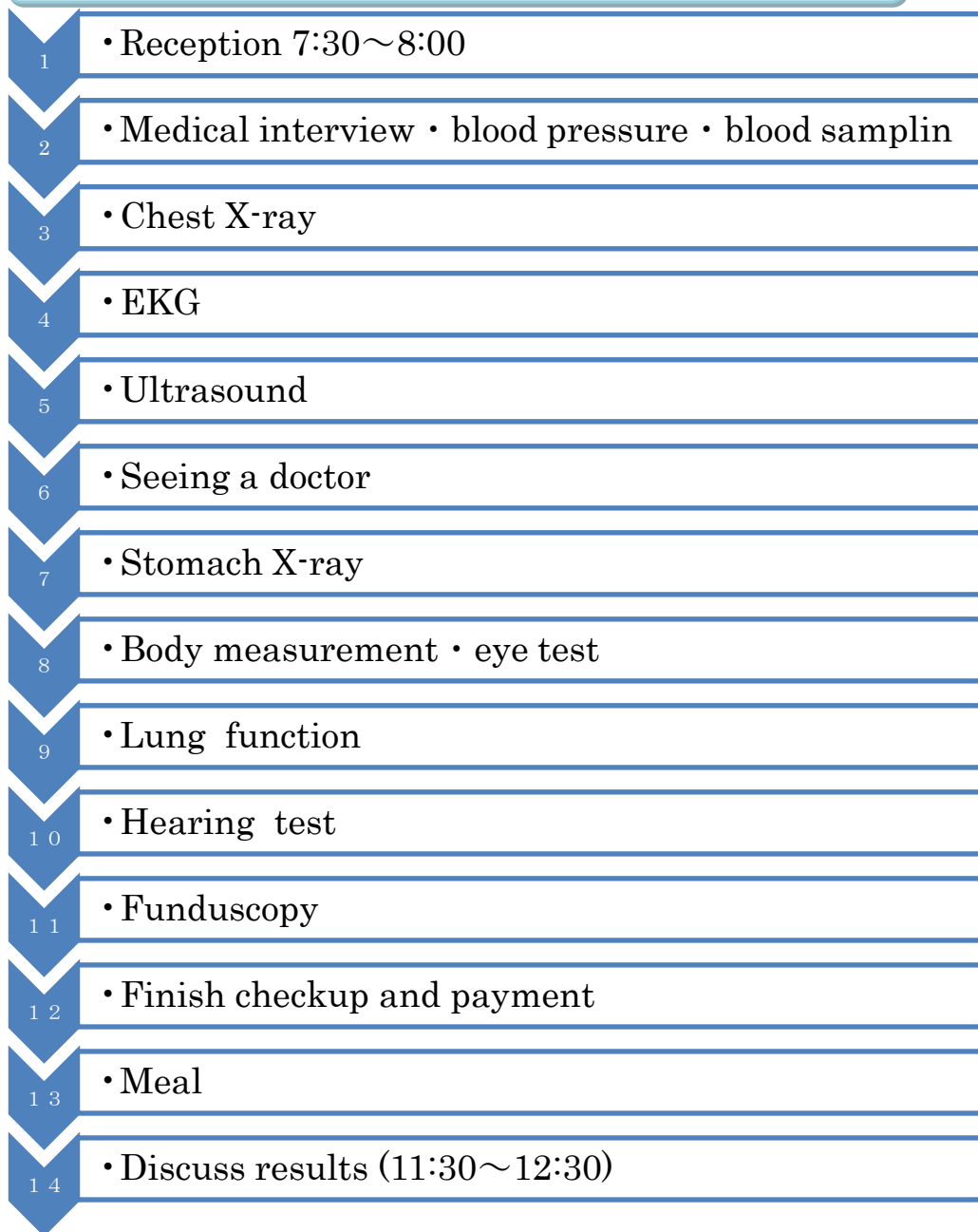
We will mail the materials to your address you designate (home/office) about two weeks prior your appointment. Please read the important information about the standard course medical checkup and follow instructions to prepare your appointment. Preparations include directions for the previous day and the day of your checkup.

2.Reception(Daily appointment)

Hours: 7:30 am~8:00 am



3.The standard medical checkup flow chart:



* 2 The standard course medical checkup will not be processed in a particular order.

(Also note that some tests may not be processed in numerical order and a clerk or the medical staff will guide you to the next test.)

* 3 If you are having a Breast cancer and gynecological screening, the finishing time will be late.

* 4 The waiting time for gastroscopy test could be longer, since it takes time to treat each patient.

4. The standard (preventative lifestyle disease) medical checkup items

Body measurement	Height • weight • obese ratio • BMI • body fat percentage • abdominal measurement
Ophthalmic examination	Eye vision (Naked eye • corrective)
Hearing test	1.000 Hz • 4.000 Hz
Lung function test	predicted vital capacity • forced vital capacity • vital capacity • volume of a second • % vital capacity • ratio for a second
Circulatory organ test	Blood pressure measurement • 12-lead ECG • funduscopy
Urine test	Protein • occult blood
Colorectal cancer test	Fecal occult blood test (immune response in 2-days method)
Hematological test	Hb • Ht • RBC • WBC • MCV • MCH • MCHC • Platelet
Liver function test	GOT • GPT • r-GTP • ALP • total protein • albumin • LDH • total bilirubin • A/G rate • ZTT • CHE • HBs antigen • HCV antibody
Pancreatic function test	Serum amylase
Sugar metabolism test	Urine sugar • fasting blood sugar • HbA1c
Lipid test	Total cholesterol • Neutral fat • HDL cholesterol • LDL cholesterol
Kidney function test	Creatinine • Urea nitrogen
Immunological test	CRP • RF
Gout test	Uric acid
Chest X-ray	Direct radiography • front and side views
Barium X-ray	Direct radiography *it is possible to change to gastroscopy test (additional charge)
Abdominal ultrasound	Liver • gallbladder • common bile duct • kidney • pancreas • spleen
Clinical Examination	Physical exam
Discuss results	Explanation of checkup results with a doctor

*** 5 Please contact us if you have any questions or would like to confirm the charges of medical checkups.**

5. Chubu Medical Association medical examination rooms



Reception Lobby



Waiting Room



Nurses Station



Lady's Room(Gynecological Examination Room)